

INVITATION TO:

SÖDRA JUDO OPEN 4 AND JUDO4LIFE WEEKEND



COMPETITION: SATURDAY NOVEMBER 25TH 2017 IN HANINGE, SWEDEN

Competition: Torvalla Sporthall at Dalarövägen 66, in Haninge (30 minutes south of Stockholm, SWEDEN)

Weigh in:	Friday 24/11:	18.00-19.30	Torvalla Sporthall: All Categories
	Saturday 25/11:	8.00-8.45	Boys/Girls U15, Men/Women U21
		9.30-10.30	U9, U11 (Boys and Girls Mixed)
		10.30-11.30	Men, Women, Boys/Girls U13
		12.00-13.00	Boys/Girls U18, Veterans

All competitors in U9, U11, U13 and U15 must weigh-in with judo trousers and a T-shirt and meet their weight with these clothes on (however U9 & U11 are in floating weight divisions so no fixed weights for these ages).

Men and women U18 and older can weight in as they please: naked, in underwear or judo trousers and T-shirt. It is not allowed to weigh-in in any other types of clothes.

Competition start:	9.30	Boys/Girls U15, Men/Women U21
Approximate times	11.30	Boys/Girls U9, U11
	12.30	Men/Women, Boys/Girls U13
	13.30	Special Needs, <i>See separate invitation</i>
	14.00	Boys/Girls U18, Veterans

Exact starting time for each category is dependent on the number of participants in each category. We do our best to ensure as smooth a competition as possible for all our competitors.

Categories:

U9 Boys and Girls Mix (born 2009-2010): Division in categories of 3 to 4 competitors based on weight & belt

U11 Boys and Girls Mix (born 2007-2008): Division in categories of 3 to 4 competitors based on weight & belt.

Everybody in U9 & U11 gets a medal.

Boys U13 (born 2005-2006): Division in categories of 5 after weight & belt. Medals to 1,2,3 min 4kyu
Girls U13 (born 2005-2006):. Division in categories of 5 after weight & belt Medals to 1,2,3 min 4kyu

Girls U15 (born 2003-2004) -36, -40, -44, -48, -52, -57, -63, +63 kg min 4kyu
Boys U15 (born 2003-2004) -38, -42, -46, -50, -55, -60, -66, -73, +73 kg min 4kyu

Girls U18 (born 2000-2002) -40, -44, -48, -52, -57, -63, -70, +70 kg min 4kyu
Boys U18 (born 2000-2002) -46, -50, -55, -60, -66, -73, -81, -90, +90 kg min 4kyu

Women U21 (born 1997-2000) -44, -48, -52, -57, -63, -70, -78, +78 kg min 4kyu
Men U21 (born 1997-2000) -55, -60, -66, -73, -81, -90, -100, +100 kg min 4kyu

Women (born -2000) -48, -52, -57, -63, -70, -78, +78 kg min 4kyu
Men (born-2000) -60, -66, -73, -81, -90, -100, +100 kg min 4kyu

Veterans (born 1947-1987) Herr: -60, -66, -73, -81, -90, -100, +100 kg
Dam: -48, -52, -57, -63, -70, -78, +78 kg
A-class (Blue belt and higher) B-class (yellow – Green belt)

M/F12 30-39 år (born 1978-1987) M/F34 40-49 år (born 1968-1977)
M/F 56 50-59 år (born 1958-1967) M/F78 60-69 år (born 1948-1957)

In the case of too few participants in the Veteran categories, divisions are made dependent on weight and age according to the principle 10years/10kg. Please make your registration with year of birth, belt and weight class.

Special Needs Judo: Division in categories of 3-4 competitors based on experience and ability. See separate invitation

U9: 2min; U11: 2min; U9 och U11, Golden Score for 1min, there after hantei.
U13; 3min; U15: 3min; U18: 4min; U21: 4min; H+D: 4min + Golden Score

Deadline for Registration:

Registration is to be made the latest Friday 17th of November 2017 through web via link at:

www.iksodra.com/sjo **OBS! Only clubs can register competitors NOT individuals.** You get an automatic confirmation through e-mail. Please take care to register all competitors with the right birth year, category and weight divisions since it is of great help for making fair competition categories.

Competition Fees:

200 SEK/participant start are deposited at IK Södra's Bank Account **BG 5420-3963**. Every club pays the competition fee for all participants in advance. We refund entry fees only if: 1) The Club cancel registration before 17/11 or 2) If a competitor is unable to compete because of lack of opponents in their categories.

Competition Rules:

According to IJF:s competition rules and Swedish Judo Federation competition rules for children U13.

Competition Systems:

Pool or in large weight categories direct repechage. Everybody is guaranteed at least two matches. The organizer has the right to merge categories and/or weight classes if needed.

Double entries are only allowed for the last year in U13 i U15, U15 i U18 for U18 in U21 and U21 in Senior. The children under 11 who have asked for an exemption in order to able to compete in U13 are NOT allowed to compete in U11. **OBS! Only entries into the U13 for U11 if the Swedish competition board has approved.**

Stay Overnight: Sleeping accommodations can be organized at the IK Södra Dojo in Skarpnäck. Please let us know your needs and for how many persons when you pay the registration fee. Cost for sleeping on the mat is 100 SEK per person and night. Breakfast is included.

Other: Competitors agree that their name can be published on the sites: www.iksodra.com och www.judo.se. This competition is an official ranking competition in the Swedish Federation Ranking system.

Friday 24/11 19-21 – Kata training in Torvalla Dojo

Friday 24/11 18-19.30 – Judo4all in Torvalla Dojo

Sunday 26/11 10-12 in Torvalla Sporthall it's training for ALL:

Choose between three different groups:

- "08 Randori" for all from U13 and upwards, with focus on performance judo & Randori
- Judo4All, Soft technical training for big and small
- Special Needs Judo training

National Coach Seminar/Education on Special Needs Judo in connection to Special Needs Judo Camp (Saturday & Sunday). See special invitation

For questions regarding categories or changes etc. e-mail: tavlingar@iksodra.com

