



invitation to

Södra Judo Open 1 AND

JUDO4LIFE WEEKEND



EVENT: SATURDAY 2 FEBRUARI 2019 IN HANINGE

Venue: Torvalla Arena in Haninge, a little south of Stockholm. Dalarövägen 66.

Weigh-in: Friday 1/2: 19.00-20.30 Torvalla Arena: All categories

| | | |
|---------------|-------------|---------------------|
| Saturday 2/2: | 8.00-8.45 | B/GU15, M/WU21 |
| | 9.30-10.30 | U9, <u>U11</u> |
| | 10.30-11.30 | Men, Ladies, B/GU13 |
| | 12.00-13.00 | B/GU18, Veteran |

All attendees in U9, U11, U13 and U15 will weigh-in in judo pants and t-shirt and need to pass the weight with the clothes on. No deduction will be made.

Male or female attendee in U18 and older may choose if they want to weigh-in nude, in underwear or in judo pants and t-shirt. It is not permitted to weigh-in in other clothes or in any other way than this.

| | | |
|---------------------------|-------|--------------------|
| Competition start: | 9.30 | B/GU15, M/WU21 |
| Approximate times | 11.30 | U9, U11 |
| | 12.30 | Men/Ladies, B/GU13 |
| | 14.00 | Special Needs |
| | 14.00 | B/GU18, Veterans |

Exact start time depends on the number of attendance in respective categories. We do our best to make the competition as smooth as possible for all attendees. Depending on the number of attendees the competition will be on 5 or 6 tatamis.

Categories:

U9 Boys and Girls Mix (born 2011-2012): Classification into classes of 3 or 4 depending on weight and grade. All receive medal.

U11 Boys and Girls Mix (born 2009-2010): Classification into classes of 3 or 4 depending on weight and grade. All receive medal.

Boys U13 (born 2007-2008): Classification into classes of 5 depending on weight and grade. Medal to 1,2,3 min 4 kyu.

Girls U13 (born 2007-2008): Classification into classes of 5 depending on weight and grade. Medal to 1,2,3 min 4 kyu.

| | | | |
|------------|------------------|--|-----------|
| Girls U15 | (born 2005-2006) | -36, -40, -44, -48, -52, -57, -63, +63 kg | min 4 kyu |
| Boys U15 | (born 2005-2006) | -38, -42, -46, -50, -55, -60, -66, -73, +73 kg | min 4 kyu |
| Girls U18 | (born 2002-2004) | -40, -44, -48, -52, -57, -63, -70, +70 kg | min 4 kyu |
| Boys U18 | (born 2002-2004) | -46, -50, -55, -60, -66, -73, -81, -90, +90 kg | min 4 kyu |
| Female U21 | (born 1999-2002) | -44, -48, -52, -57, -63, -70, -78, +78 kg | min 4 kyu |
| Men U21 | (born 1999-2002) | -55, -60, -66, -73, -81, -90, -100, +100 kg | min 4 kyu |
| Ladies | (born -2002) | -48, -52, -57, -63, -70, -78, +78 kg | min 4 kyu |

| | | | |
|------------------------------------|------------------|---|-----------|
| Men | (born -2002) | -60, -66, -73, -81, -90, -100, +100 kg | min 4 kyu |
| Veterans | (born 1950-1989) | Men: -60, -66, -73, -81, -90, -100, +100 kg Ladies: -48, -52, -57, -63, -70, -78, +78 kg | |
| A-class (Blue belt and higher) | | B-class (Yellow- green belt) | |
| M/L12 30-39 Years (born 1980-1989) | | M/L34 40-49 Years (born 1970-1979) | |
| M/L56 50-59 Years (born 1960-1969) | | M/L78 60-69 Years (born 1950-1959) | |

In the case of few enrolment, the classification is divided into classes by weight and age according to the principle 10 years / 10 kg difference.

Register with year of birth, grade and weight class.

U9: 2 min; U11: 2 min; U9 and U11 is it Golden Score for 1 min, then judgments

U13; 3 min; U15: 3 min; U18: 4 min; U21: 4 min; M+L: 4 min. Then Golden Score until a winner is appointed.

Registration:

At the latest Friday, 25/1 2019, only via web form at www.iksodra.com/sjo

NOTE! Only clubs can register, not individuals.

You will automatically receive confirmation in the mail.

We ask all clubs to do their utmost to register all participants with the correct year of birth, in the correct category and in the correct weight class.

It makes it a lot easier when we create each group.

Registration fee:

Contest: 200 SEK/starters, **after the 25/1 double charge.**

The fee is paid at the same time as the registration

Account holder: IK Södra

IBAN: SE11 8000 0832 7901 4619 5045

BIC: SWEDSESS

Each club pays start and attendance fees for all its registered in advance.

Refunds will only be made if 1) club removes the registration before 25/1 or 2) if a competitor is not allowed to compete because of that there are no opponents.

Contest rules:

According to IJF's competition rules and SJF's competition regulation. Insurance for Swedish clubs through SJF.

Contest system:

Pool competition or in large weight classes SWE Direct Repechage.

Everyone is guaranteed at least two matches.

The organizer reserves the right to assemble classes if necessary.

Double only allowed for last year's U13 in U15, U15 in U18, U18 in U21, U21 in Senior.

Accommodations:

IK Södra dojo in Skarpnäck. Notify it in connection with the application. Cost 100 SEK per person per night. Breakfast included. Max 50 people (so hurry up if you want a space)

Quality Hotel Haninge: Located approximately 2.5 km from the competition arena.

For booking please contact the hotel directly. Specify that you will use the sports agreement to get a discount on accommodation and food during your stay.

g.group.winnhaninge@choice.se or call 08-745 75 00

Other: Registered participants agree that their names may be published on

www.iksodra.com

and

www.judo.se.

This competition is the basis of the ranking of the Swedish Judo Federation in the categories concerned.

For direct questions, changes in categories, weight classes, etc. Email

tavlingar@iksodra.com

Activities (all times during Saturday are preliminary)

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| Friday | | | | | | | | | |
|--------------------|--|-------|-------|-------|-------|------|--------|---------------|---------|
| Weigh-in (ALL) | Torvalla Arena 19:00-20:30 | | | | | | | | |
| Kata practice | Torvalla Dojo 18:00-20:00 | | | | | | | | |
| Saturday | | | | | | | | | |
| Category | U9 | U11 | U13 | U15 | U18 | U21 | Senior | Special Needs | Veteran |
| Weigh-in | 9:30 | 9:30 | 10:30 | 8:00- | 12:00 | 8:00 | 10:30 | | 12:00 |
| | 10:30 | 10:30 | 11:30 | 8:45 | 13:00 | 8:45 | 11:30 | | 13:00 |
| Start | 11:30 | 11:30 | 12:30 | 9:30 | 14:00 | 9:30 | 12:30 | 13:00 | 14:00 |
| Sunday | | | | | | | | | |
| 08-Randori | Torvalla Arena A-hall 10:00 – 12:00 | | | | | | | | |
| Kata practice | Torvalla Arena A-hall 10:00 – 12:00 | | | | | | | | |
| Judo4Life Exercise | Torvalla Arena A-hall 10:00 – 12:00 | | | | | | | | |
| Judo4All Exercise | IK Södras Doja i Skarpnäck 10:00 – 12:00 | | | | | | | | |