



EJU Training Camp Herstal 2019 Belgium February 04-07, 2019

1. Date

Monday 4th of February – Thursday 7th of February 2019

This training camp is taking place just after the [International Belgian Adidas Judo Open of Visé \(men\) & Herstal \(women\)](#) and just before the [Grand Slam of Paris](#).

Arrival: From Sunday at 6 PM possible. First training session on Monday the 4th at 10 AM.

Departure: Check-out on Thursday the 7th after breakfast. Last training session on Thursday morning, lunch not included.

2. Organizer

Belgian French Judo Federation (FFBJ)

Address : Place des Sports, 1
1348 Ottignies-Louvain-La-Neuve
Belgium

Email : info@ffbjudo.be
Tel : +32(0)10 24 44 01

Emergency Contact

Mrs Nica Antonis

+32(0)479 02 18 38

3. Venue aaa

Sport Centre « La Préalles »
Rue Emile Muraille, 158
4040 Herstal
Belgium

4. Participation

EJU / IJF Member Federations can participate at the Training Camp. All participants must be at least 15 years old (born in 2004 and before).

5. EJU Participation Fee

€ 100,00 per participating athlete.

EJU sponsors € 70,00 for athletes of EJU Member Federations.

6. Responsibility of the Federations

The competitors will participate under the full responsibility of their federations. Each National Federation is responsible for insuring its judoka against 'injury and third part risk (public liability)' during the period of the camp. The European Judo Union and the Belgian Judo Federation decline all responsibility.

7. Transport

From train station: Herstal Station (<http://www.belgianrail.be/en>) - **free of charge**

From airport: Brussels National Zaventem - **€ 25,00 per person per way.**

A shuttle will be planned at **4 PM on Sun 3rd Feb** for the arrivals. **Please land before 3 PM!**

Time of airport return shuttles on **Thu 7th Feb** to be announced, pending of flights timetable.

Special offers:

Arrival

From the **tournament of Visé** on **Sun 3rd Feb** (after the tournament): free of charge

From the **tournament of Herstal** on **Sun 3rd Feb** (after the tournament): free of charge

Departure

To the **Grand Slam of Paris**: € 60,00 /pp

The departure by bus to Paris is scheduled for Thursday morning. Lunch meal is not included.

The organizer will provide transfers between the **train station (Herstal Station)** and the **official hotel** as well as between the official hotel and the **venue**. Transportation will be offered only to those participants who are accommodated via the organizer.

8. Accomodation

Hotel reservation is handled on a first-come, first-served basis. Prices are per person.

Category A: *Post Hotel & Wellness* – Rue Hurbise, 160 - 4040 Herstal

FULL BOARD ACCOMODATION



Single	€ 450,00
Double	€ 400,00
Triple	€ 300,00

Category B: *Hotel Campanile* – Rue Jean Baptiste Juppin 17/18 – 4000 Liège

BED & BREAKFAST



Single	€ 400
Double	€ 350
Triple	€ 300

Full board starts with dinner (lunch packet) on Sunday evening Feb 3rd and ends with breakfast on Thursday morning Feb 7th.

Check-out not later than 11:00 AM, otherwise an additional night will be charged.

In case of any damage to hotel property or training venue caused by members of a delegation, their National Federation will be charged by the organizing committee.

Notice: Arrivals after the first day and early departures will NOT be refunded.

Judoka and Officials who are not staying at the official hotel have to pay €100,00/person in addition to EJU Participation fee. There is also the possibility of external day training sessions: € 25,00/day in addition to EJU Participation fee.

9. Registration

When? On Feb 3rd from 6 PM or on February 4th before the morning training.

Where? *Post Hotel & Wellness*. Rue Hurbise, 160 - 4040 Herstal

10. Deadlines

Final Entry & Travel details: **04.01.2019**

Payment: **20.01.2019**

Visa Application: **21.12.2018**

11. Cancellation policy

Up to 30 days before the arrival, full refund. From 30-15 days before the arrival, 50% of the payment refund. After the **Jan 20th**, no refund is possible.

12. Payment

To confirm your entry, kindly complete the payment for accommodation before January 20th 2019 to our bank account. All bank fees and money transfer costs must be paid by the sender federation. **We regret not to accept credit cards on spot. Countries which cannot make bank transfers are entitled to pay in cash money upon arrival without any surcharge, if they inform the organizer and specify the number of participants before the hotel reservation deadline**

Account name: Fédération Francophone Belge de Judo

Name of bank: BNP Paribas FORTIS

Account No. IBAN: BE 83 2500 0678 3015

SWIFT address: GEBABEBB

Payment Reference: EJU Stage Herstal 2019 + "Your Federation's/Club's Name"

13. Visa

For nations who need visa to enter Belgium, please send the enclosed "Visa Application Form" fully filled not later than the **21st Dec 2018**.

14. Program

Date	Schedule	Warming up	Randori (2 groups: Women & Men)
Monday, February 4th	10h-12h	15-20min	3 x 5 min – Ne Waza 6 x 4 min – Tachi Waza
	16h-18h	15-20min	3 x 4 min – Ne Waza 8 x 4 (+1 GS) min – Tachi Waza
Tuesday February 5th	10h-12h	15-20min	3 x 4 min – Ne Waza 5 x 4 min – Tachi Waza
	16h-18h	15-20min	5 x 6 min – Tachi Waza
	20h	Coaches & officials drink	
Wednesday, February 6th	10h-12h	15-20min	3 x 5 min – Ne Waza 7 x 4 min – Tachi Waza
	16h-18h	15-20min	2 x 5 min – Ne Waza 7 x 4 (+1 GS) min Tachi Waza
Thursday, February 7th	10h-12h	15-20min	4 x 5 min – Ne Waza 5 x 4 min – Tachi Waza