

# COMPETITION RULES AND INFORMATION

## XVI Opened Polish Judo Championships for Veterans Men & Women SOBÓTKA 10 December 2016

<p><b>1. ORGANIZERS</b></p>  	<p><b>Polish Judo Association</b> <b>Judo Association of Lower Silesia</b> <b>50-229 Wrocław ul. Borowska 1-3</b> tel. 0048 / 71 / 367 50 61 fax. 0048 / 71 / 367 18 40 Konto: Dolnośląska Federacja Sportu – dla DZ Judo 11 1020 5242 0000 2102 0019 4993</p>
<p><b>2. DATE OF COMPETITION</b></p>	<p><b>10th of December 2016</b></p>
<p><b>3. PLACE OF COMPETITION</b></p>	<p>Sobótka, Sports Hall Gimnazjum Gminne, ul. Świdnicka 20a <a href="http://www.ggsob.pl">www.ggsob.pl</a></p>
<p><b>4. CONTACT</b></p>	<p><b>President of Judo Association of Lower Silesia Mr Zbigniew Bielawski</b> tel. +48 601 730 234 e-mail: <a href="mailto:masters@dzjudo.org">masters@dzjudo.org</a> <a href="mailto:zibi.bielawski@wp.pl">zibi.bielawski@wp.pl</a> tel/fax 071 / 791 30 50</p> <p><b>Mr Dariusz Plaszczyński</b> tel. +48 608 328 243 e-mail: <a href="mailto:dariusz.plaszczyński@web.de">dariusz.plaszczyński@web.de</a></p> <p><b>Mr Bartłomiej Zamęcki</b> tel. +48 603 33 00 31 e-mail: <a href="mailto:judosobotka@gmail.com">judosobotka@gmail.com</a></p>
<p><b>5. Accommodation</b></p>	<p><b>1. „Dom Pielgrzyma” in Sobótce</b> 55-050 Sobótka ul. Słoneczna 20 tel. +48 601 584 419, +48 71 715 10 20 Reservation: <a href="http://www.dompielgrzymasobotka.pl">www.dompielgrzymasobotka.pl</a> <b>The nearest hotel to sports hall.</b></p> <p><b>2. „Pod Jeleniem- Restauracja &amp; Noclegi”</b> ul. Rynek 8, 55-050 Sobótka Tel/fax +48 71 390 32 37, tel. +48 696 413 205 <a href="mailto:biuro@pod-jeleniem.pl">biuro@pod-jeleniem.pl</a>, <a href="http://www.pod-jeleniem.pl">www.pod-jeleniem.pl</a></p> <p><b>3. Śleża Pension</b> ul. Św. Jakuba 4, Sobótka tel. +48 (71) 390-31-67 tel. +48 667 345 678</p> <p><b>4. Centrum Konferencyjno –Hotelowe SOBOTEL</b> <b>Al. św. Anny 16 Sobótka</b> tel. + 48 71 71 51 600 fax. 71 71 51 601 <a href="http://www.sobotel.pl">www.sobotel.pl</a></p> <p><b>5. Villa Sobótka</b> ul Wrocławska 50 55-050 Strzegomiany tel. +48 713 071 555 <a href="http://www.villasobotka.pl">www.villasobotka.pl</a></p>
<p><b>6. COMPETITORS</b></p>	<p>1. Competitors should have and show ID card or passport. 2. Each participant is responsible for insuring himself against 'injury and third part risk (public liability)' during the period of the championships. 3. In case of 2 or less athletes, the category will be joined to the closer age or weight category by organizers.</p>
<p><b>7. Entry/ entry fee</b></p>	<p>Entry should be sent until 31th of November 2016 by e-mail <a href="mailto:masters@dzjudo.org">masters@dzjudo.org</a> or <a href="mailto:benefix@poczta.onet.pl">benefix@poczta.onet.pl</a></p>

	<p>(name, surname, club, date of birth, weight category, address, telephone number)</p> <p><u>Entry fee costs 120 złoty or 30 Euro per person paid until 15<sup>st</sup> of October 2016r.</u></p> <p><u>Between 15st October and 31th of November entry fee costs 130 złoty or 35 Euro.</u></p> <p><u>Entry fee paid 10th of December costs 150 złoty or 40 EURO.</u></p> <p>In special cases organizers may decide that person who is late may pay 120 złoty or 30 EURO.</p> <p><b>During weigh in athletes should show receipt.</b></p>																																																							
<b>8. Main referee</b>	<b>Ms Iza Kamińska-Lubczyńska tel. + 48 606 938 583</b>																																																							
<b>9. Head tournament</b>	<b>Mr Pan Dariusz Płaszczyński tel. + 48 608 328 243</b>																																																							
<b>10. Schedule</b>	<p><b>Program:</b></p> <p>Unofficial weigh in: 10.30 – 11.00</p> <p>Official weigh in: 11.00-11.45 in Sports Hall</p> <p>Draw: 11.45-12.30</p> <p>Opening ceremony: 12.45</p> <p>First fights: 13.00</p>																																																							
<b>10. Technical information</b>	<p>The age of the competitors has to fall in one of the below age categories:</p> <table border="1"> <thead> <tr> <th>Podział wiekowy</th> <th>Czas walki (mężczyzn)</th> <th>Kod mężczyzn</th> <th>Czas walki (kobiety)</th> <th>Kod kobiet</th> </tr> </thead> <tbody> <tr> <td>30 – 34</td> <td>4 min.</td> <td>M1</td> <td>3,5 min.</td> <td>F1</td> </tr> <tr> <td>35 – 39</td> <td>4 min.</td> <td>M2</td> <td>3,5 min.</td> <td>F2</td> </tr> <tr> <td>40 – 44</td> <td>3,5 min.</td> <td>M3</td> <td>3 min.</td> <td>F3</td> </tr> <tr> <td>45 – 49</td> <td>3,5 min.</td> <td>M4</td> <td>3 min.</td> <td>F4</td> </tr> <tr> <td>50 – 54</td> <td>3,5 min.</td> <td>M5</td> <td>3 min.</td> <td>F5</td> </tr> <tr> <td>55 – 59</td> <td>3 min.</td> <td>M6</td> <td>2,5 min.</td> <td>F6</td> </tr> <tr> <td>60 – 64</td> <td>3 min.</td> <td>M7</td> <td></td> <td></td> </tr> <tr> <td>65 – 69</td> <td>3 min.</td> <td>M8</td> <td></td> <td></td> </tr> <tr> <td>70 – 74</td> <td>2,5 min.</td> <td>M9</td> <td></td> <td></td> </tr> <tr> <td>+ 75</td> <td>2,5 min.</td> <td>M10</td> <td></td> <td></td> </tr> </tbody> </table> <p><b>Weight categories of Men</b> -66 / -73 / -81 / -90 / -100 / +100 / kg</p> <p><b>Weight categories of Women</b> -52 / -57 / -63 / -70 / -78 / +78 / kg</p> <p><b>Tournament will be organized on two tatami, Polish Judo Association's rules are requested.</b></p> <p><b><u>All athletes will get awards: diploma and medal</u></b></p> <p>Neither the organizer of the event, nor Polish Judo Association (nor any of its officials or members) will be liable or responsible for any personal injury nor for any loss or damage to your property arising out of your participation and travelling in connection with this event.</p>	Podział wiekowy	Czas walki (mężczyzn)	Kod mężczyzn	Czas walki (kobiety)	Kod kobiet	30 – 34	4 min.	M1	3,5 min.	F1	35 – 39	4 min.	M2	3,5 min.	F2	40 – 44	3,5 min.	M3	3 min.	F3	45 – 49	3,5 min.	M4	3 min.	F4	50 – 54	3,5 min.	M5	3 min.	F5	55 – 59	3 min.	M6	2,5 min.	F6	60 – 64	3 min.	M7			65 – 69	3 min.	M8			70 – 74	2,5 min.	M9			+ 75	2,5 min.	M10		
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