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1. ORGANIZERS

Oleśnica town OKR ATOL Oleśnica Judo Tigers Sports Club

2. PROGRAM

FRIDAY – 25.11.2022 r. | Hotel Perła, 12 Jana Sinapiusa Street, Oleśnica

16:00-22:00	Arrival and check-in
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FRIDAY – 25.11.2022 r. | OKR ATOL Sport Hall, 4 Kochanowskiego Street, Oleśnica

18:00-21:00	Unofficial weigh-in
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SATURDAY – 26.11.2022 r. | OKR ATOL Sport Hall, 4 Kochanowskiego Street, Oleśnica

10:00-11:00	Official weigh-in (draw immediately after weigh-in)
11:45	Official start of the competition
12:00	Eliminations/Repechage/Semi finals/Bronze Medal Contests/Finals
	Awarding ceremony (after all categories have been completed)
approx. 19:00	Afterparty (details forthcoming)

3. COMPETITION VENUE

OKR ATOL Sport Hall

4 Kochanowskiego Street, Oleśnica

Google Maps location.



4. COMPETITION OFFICE

SATURDAY - 26.11.2022 r.

9:30-14:00

Competition Office on OKR ATOL Sport Hall (4 Kochanowskiego Street, Oleśnica)

All organizational matters (e.g. invoices) will also be able to be dealt with online (contact email: klub@judotigers.pl).

Office Manager: Rafał Kozłowski (tel. 510 510 605; e-mail klub@judotigers.pl).

5. COMPETITION RULES

• The competition will be held **on three 7×7 m mats**.

AGE CATEGORIES, JUDO GRADES, DURATION OF GOLDEN SCORE

- The organizer reserves the right to combine weight or age categories if there are fewer than
 3 competitors in a weight category.
- Only the person who has achieved a given result may go out for decoration during the medal ceremony.

Oleśnica International Veterans Championships in Judo

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• **The golden score** period is 1 min, and in the event of no points the winner will be declared by the judges' indication.

6.1. VETERANS

Participants: adult athletes (male and female) aged 18 and over.

Possessing any judo degree.

WOMEN					
AGE (YEAR OF BIRTH)	AGE CATEGORY	FIGHT TIME			
18-99 (2004 and older)	F1+	3 min			
MEN					
AGE (YEAR OF BIRTH)	AGE CATEGORY	FIGHT			
18-34 (2004-1988)	M1	3 min			
35-44 (1987-1978)	M2-M3	3 min			
45-54 (1977-1968)	M4-M5	3 min			
55-59 (1967 and older)	M6-M10	2,5 min			

6.2. NE-WAZA TOURNAMENT

• Men: veterans and amateurs together, with no age or skill level distinction.

If you have little training experience and are competing in a judo competition for the first time, or are simply feeling rusty at times, ground fighting may be a safer option for you.

The participation of black belts is still welcome.

7. WEIGHT CATEGORIES

7.1. VETERANS

- Men (M1 M6+): -73 kg, -81 kg, -90 kg, -100 kg, +100 kg
- Women (F1+): -57 kg, -70 kg, +70 kg

7.2. NE-WAZA TOURNAMENT

Men: -73 kg, -90 kg, +90 kg

8. REGISTRATION (until 21th November 2022)

- Registration of participants must be made at least 5 days prior to the competition via this
 form. Submissions by 21.11.2022 (Monday) at 23:59.
- Applications made by any other means (e-mail, telephone, or carrier pigeon) will not be taken into account!
- Mode of making adjustments:
 - By 21.11.2022 (Monday) by resubmitting the form.
 - 22.10-25.11.2022 until 14:00 by submitting the form and emailing klub@judotigers.pl about it.
 - o 26.11.2022 by coming to the Competition Office.
- Entry made after the deadline (22-26.11.2022) = higher entry fee (45 EUR) and additional stress for the Organizer.

9. REGISTRATION FEE

- 35 EUR per participant (45 EUR if late entry).
- The entry fee for participation in two tournaments at the same time (the veterans' tournament and the ne-waza tournament) is 50 EUR in total (60 EUR if late entry).
- Entry fee is payable by bank transfer to: Judo Tigers Sports Club, 117/2u Kościuszki Street, 50-442, Wrocław, IBAN: PL61160014621816212350000001, SWIFT: PPABPLPK.
- Please send confirmation of payment of the entry fee to <u>klub@judotigers.pl</u> together with the list of players who have been entered for the tournament and the invoice details (if required). This facilitates the verification of entries, i.e. the smooth running of the tournament!

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10. WEIGH-IN, WEIGHT TOLERANCE

- Competitors must be in possession of an identity document at the official weigh-in.
- A 1 kg weight tolerance applies.

11. COMPETITION MANAGER

Michał Zamęcki (tel. 605 126 612; e-mail: michal.zamecki@judotigers.pl).

12. REFEREEING

• Refereeing in accordance with the current IJF rules of fighting.

13. TRANSPORT

Athletes or clubs must provide transport on their own.

14. ACCOMMODATION AND MEALS

- Accommodation (players and coaches): Hotel Perła, 12 Jana Sinapiusa Street, 56-400
 Oleśnica, tel +48 713143519 (www.hotelperla.pl).
- For reservations, please contact the hotel directly, quoting 'TigerCup': tel: hotel@hotelperla.pl (www.hotelperla.pl).
- Accommodation (referees, competition manager): Hotel Perla, 12 Jana Sinapiusa Street, 56-400 Oleśnica.

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- Price list for accommodation:
 - accommodation with breakfast;
 - 190 PLN single room (per person/night);
 - 140 PLN double or triple room (per person/night);
 - 130 PLN quadruple or quintuple room (per person/night);
 - o accommodation with breakfast and dinner;
 - 230 PLN single room (per person/night);
 - 180 PLN double or triple room (per person/night);
 - 170 PLN quadruple or quintuple room (per person/night);
 - accommodation with breakfast, lunch, and dinner;
 - 270 PLN single room (per person/night);
 - 220 PLN double or triple room (per person/night);
 - 210 PLN quadruple or quintuple room (per person/night).

Catering for participants on their own. A restaurant will be open at the venue.

15. JUDOGI

• White judogi are required for decoration.

16. AWARDS

• For places 1-3: medals and diplomas.

17. OTHER INFORMATION

- Players/competitors must have personal accident insurance (NNW), the responsibility for providing insurance for competition participants rests with the clubs.
- The organizer is not responsible for events outside the competition rules.
- Participants are kindly requested to attend the evening afterparty. We are doing it for you!

We wish you a memorable stay in Oleśnica!



SAMURAI MEETUP

One-of-a-kind judo camp for veterans.

24-26th March 2023.

Dojo Stara Wieś.

Check out the details at <u>samuraimeetup.pl</u>.