



# BISHOPS STORTFORD JUDO

## High Grade Championships

### Sunday 2<sup>nd</sup> April 2023

<b>VENUE:</b>	The Herts and Essex Sports Centre, Beldams Lane, Bishops Stortford, Hertfordshire. CM23 5LH
<b>GROUPS:</b>	<b>Group 1:</b> Senior Men, 1 <sup>st</sup> Kyu, -35yrs <b>Group 2:</b> Veteran Men, 1 <sup>st</sup> Kyu, +35yrs <b>Group 3:</b> Senior Men, 1 <sup>st</sup> Dan, -35yrs <b>Group 4:</b> Veteran Men, 1 <sup>st</sup> Dan, +35yrs <b>Group 5:</b> Senior Men, 2 <sup>nd</sup> Dan, -35yrs <b>Group 6:</b> Veteran Men, 2 <sup>nd</sup> Dan, +35yrs <b>Group 7:</b> Senior Men, 3 <sup>rd</sup> Dan & Above, -35yrs <b>Group 8:</b> Veteran Men, 3 <sup>rd</sup> Dan & Above, +35yrs <b>Group 9:</b> Senior Women, 1 <sup>st</sup> Kyu, -35yrs <b>Group 10:</b> Veteran Women, 1 <sup>st</sup> Kyu, +35yrs <b>Group 11:</b> Senior Women, 1 <sup>st</sup> Dan, -35yrs <b>Group 12:</b> Veteran Women, 1 <sup>st</sup> Dan, +35yrs <b>Group 13:</b> Senior Women, 2 <sup>nd</sup> Dan & Above, -35yrs <b>Group 14:</b> Veteran Women, 2 <sup>nd</sup> Dan & Above, +35yrs
<b>PARTICIPATION:</b>	Competitors <b>MUST</b> hold current BJA (or affiliate) membership and must be a minimum of 14yrs. All competitors <b>MUST</b> bring their <b>VALID</b> judo membership card to registration along with their record book which shows their current contest grade.
<b>COMPETITION FORMAT:</b>	There are no weight groups. All competitors will be weighed on the day and grouped into pools by weight, age and grade, with an aim to create a lightweight pool and a heavyweight pool in each grade group - creating as many opportunities for dan grade point scoring contests as possible. If required grade and age groups may be merged, coaches and competitors will be consulted.
<b>NOTES:</b>	BJA Dan grade point scoring event. 'Grade' refers to BJA grade, but this is a suitable event for AJA or BJC players wishing to convert their grade to BJA. If you are looking to do this, please contact us by email to discuss, well in advance of the event.
<b>CONTEST RULES:</b>	Current BJA contest rules will be in operation. Shime-waza, Kansetsu-waza are permitted in all groups. Exception: Where the competitors are +60yrs Shime-waza is not be permitted. Contest times will be 4minutes for Seniors and 3minutes for Veterans, with golden score as required.
<b>JUDOGI RULES:</b>	Competitors <b>MUST</b> wear a white judogi. Judogi measurements as per 2017 IJF rules. 2017 IJF Red label judogi rules or the requirement to wear judogi of specific suppliers will not be enforced at this competition.
<b>WEIGH-IN TIMES:</b>	<b>Groups 1, 2, 3 &amp; 4:</b> 9:00 to 9:30am <b>Groups 5, 6, 7 &amp; 8:</b> 11:00 to 11:30am <b>Groups 9, 10, 11, 12, 13 &amp; 14:</b> 1:00 to 1:30pm
<b>WEIGH-IN:</b>	Men and Women to both weigh-in wearing judogi trousers and t- shirt.
<b>ENTRY FEE:</b>	<b>£20.00 per competitor</b> - Non-refundable unless tournament is cancelled.
<b>ENTRIES:</b>	Enter online: <a href="http://www.britishjudo.org.uk/events-calendar/">www.britishjudo.org.uk/events-calendar/</a>
<b>CLOSING DATE:</b>	Closing date for entries is <b>Monday 20<sup>th</sup> March 2023</b> (or when the entry limit is reached). Entry limited to 150.
<b>SPECTATORS:</b>	£3.00 per spectator, children under 8 years free of charge.
<b>COACHES:</b>	FOC when a valid BJA Coaching Licence is shown. Only one coach from each club per contest area will be allowed mat side.