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SPANISH INTERNATIONAL VETERANS CUP OF SPAIN CATALONIA

20 MAY 2023

General Programme

ORGANISED BY THE CATALAN JUDO FEDERATION

SPONSORS PALAMÓS TOWN HALL

SPONSOR DAEDO

INTERNATIONAL VETERANS CATEGORIES

DATE SATURDAY 20 MAY 2023

PLACE OF COMPETITION PAVELLÓ d'ESPORTS PALAMÓS

Plaça de Vila-Romà s/n (Girona)

CATEGORIES

MALE	FEMALE	AGES	YEAR OF BIRTH	FIGTHING TIME
M-1	F-1	30-34	1989-1993	3 Minutes
M-2	F-2	35-39	1984-1988	3 Minutes
M-3	F-3	40-44	1979-1983	3 Minutes
M-4	F-4	45-49	1974-1978	3 Minutes
M-5	F-5	50-54	1969-1973	3 Minutes
M-6	F-6	55-59	1964-1968	3 Minutes
M-7	F-7	60-64	1959-1963	2.30 Minutes
M-8	F-8	65-69	1954-1958	2.30 Minutes
M-9	F-9	70-74	1949-1953	2.30 Minutes
M-10	F-10	75-79	1944-1948	2.30 Minutes
M-11	F-11	80-84	1943-1947	2.30 Minutes

GOLDEN SCORE

Golden score From M/F1 to M/F6: no time limit. From M/F7 and above 1 minute maximum. If there is a tie at the end of the Golden score, the central referee in consultation with the table referees, will agree on a final decision to select the winner.

COMPETITION SYSTEM

For 2 athletes in a best of three bouts weight. - There will be 3, 4 and 5 athletes league.

- 6 sportsmen there will be two leagues with semi-final and final - 7 or more sportsmen direct elimination with double repechage.

double repechage.

WIGHS

Male weights: -60, -66, -73, -81, -90, -100 and +100 Kg.

Female weights: -48, -52, -57, -63, -70, -78 and + 78 Kg.

Number of Tatamis: 3

COMBINATION OF AGES AND WEIGHTS

In case of lack of participants in any weight category, they may participate by lowering or raising one or two age categories.

or two age categories. In the following order for the combination of ages and weights.

- 1.- To move down one or two age categories.
- 2.- Move up one or two age categories.
- 3.- To move up one or two weight categories in the same age category.
- 4.- To move up one or two weight categories by dropping one or two age categories.

AWARDING OF MEDALS

Medals will be awarded at the end of the competition. All competitors who have obtained a medal. They must attend the medal ceremony to receive their medal in white judogi, and black or brown belt if applicable.

- 1 athlete: no medal is awarded.
- 2 athletes: two medals awarded.
- 3 sportsmen and women: three medals awarded.
- 4 sportsmen/women: four medals awarded.
- 5 sportsmen/women: four medals awarded.
- 6 or more sportsmen/women: four medals awarded.



If a category has been combined, in order to make possible the participation of the participants, the only medals awarded will be to the competitors in that combined category.

If a competitor does not appear at the award ceremony to receive his medal without a justified reason, the medal will not be awarded at a later date.

ACCREDITATION AND WEIGH IN

FRIDAY 19th May: Official weigh-in, accreditation and documentation control from 19:00 to 20:00 h, in the Sports Centre.

SATURDAY 20th May: Official weigh-in, accreditation and documentation control from 11:30 a.m. to 12:30 p.m. at the Sports Centre.

DURING THE WEIGH-IN IT IS NOT ALLOWED TO CHANGE THE WEIGHT, THE ATHLETE WHO DOES NOT WEIGH IN WILL BE EXCLUDED FROM THE COMPETITION.

WILL BE EXCLUDED FROM THE COMPETITION.

JUDO GI : White and blue

START OF THE COMPETITION AND ORDER OF CATEGORIES

Saturday 20th May 2023.

Start of the competition at 15:00 h.

The competition will start with F/M: 10-9-8-7-6-5

Then F/M-3 and F/M-1

Finally F/M-4 and F/M-2





REGISTRATIONS AND FEES Registrations can be made directly to::

https://docs.google.com/forms/d/1v90ltULJ-l4eD9VkrS_0kfq3sRmiu3MXy5ndd18bE8

Until 12.00 noon on TUESDAY 5th May (fee 20€), after this date the fee will be 50€.

REGISTRATION DEADLINE 11 MAY. THE INSCRIPTION WILL NOT BE VALID WITHOUT THE BANK DEPOSIT.

The deposit will be made in the following bank account:

ES76 0081 0157 7600 0117 6127 of CLUB JUDO PALAMÓS, specifying the name of the payer and concept.

INFORM THE ORGANIZER OF THE REGISTRATION TO jordi.asjuba@gmail.com and telephone number to receive (whatsapp) information about the competition and offers of restaurants and accommodation.

The accreditation of the first coach of each club will be free of charge.

For the rest of the coaches (managers, technicians) the same criteria will be applied as for the competitors.

This accreditation will be free of charge,

DOCUMENTS

- * Approval from the corresponding territorial federation.
- * Certificate of being in possession of the national licence for the 2022-2023 season.
- * D.N.I. or passport (to be presented at the time of weigh-in).
- * Proof of payment of the registration fee.
- * Minimum brown belt.
- * Athletes born in 1982 or previous years must provide a medical certificate of fitness for judo competition, which must be presented to their regional federation, which in turn will send its Vº Bº together with the registration for the competition. However, the competitors must take the certificate with them to the championship in case there is a need for verification.

The official medical certificate of "sport aptitude" must be issued by a registered professional and will state that the athlete is fit to practice and participate in judo competitions.

* It will be essential that they are in possession of a minimum of three consecutive licences or five alternate licences, one of them being that of the current year.





LISTS

The provisional lists will be published on the website (www.fedecatjudo.cat) on Tuesday 16th May.

Definitive lists will be published on Thursday 18th May. Late registrations will not be accepted.

IMPORTANT

The organisers cannot be held responsible for possible injuries, hospital treatment, accidents and other causes that may arise from participation in the competition.

All competitors must have their own federative insurance. All participants and coaches accept the rules (Normativa Copas de España de Veterano) of this competition by sending their registration.

Those athletes who suffer from pathologies that are not restrictive or limiting for the sport of judo (asthma, diabetes, anxiety, epilepsy, etc.),

epilepsy, etc...) must notify it in writing to the F.C.J., for a better performance of the medical services of the Competition.

Competition.

This information is confidential and will only be communicated to the competition doctor, so that the necessary palliative assistance can be provided in the event of any incident during the event.

Uniform, jacket and tie will be required for coaches in the finals block.

In the medal bouts, coaches will not be allowed to wear sportswear or jeans.

GUEST COUNTRIES

Teams from: Andorra, France, Great Britain, Italy, Portugal, Lituane. To confirm participation





SPANISH VETERANS CUP

20th MAY 2023

APPROVAL OF THE PRESIDENT OF THE FEDERATION _____

D. _____ as president of the Federation _____

_____ authorise Mr. /Ms _____

to participate in the Spanish Veterans Cup to be held in the PAVELLÓ d'ESPORTS in PALAMÓS (Gerona)

on 20 May 2023

I hereby certify that the aforementioned athlete, is currently in possession of a National Federative Licence in the modality of Judo and at the same time is covered by a Sports Accident insurance policy with the Insurance Company _____

_____ with policy number _____

Vº Bº PRESIDENTE FEDERACION _____

