

## INTERNATIONAL SPANISH CUP OF VETERANS CATALONIA “Vila de Palamós”

25<sup>TH</sup> MAY 2024

### General Program

<b>ORGANIZED BY</b>	<b>CATALAN JUDO FEDERATION</b>
<b>SPONSOR</b>	<b>PALAMÓS CITY COUNCIL</b>
<b>SPONSOR</b>	<b>DAEDO</b>
<b>CATEGORIES</b>	<b>INTERNATIONAL VETERAN CATEGORIES</b>
<b>DATE</b>	<b>SATURDAY 25<sup>TH</sup> MAY 2024</b>
<b>PLACE COMPETITION</b>	<b>SPORTS PAVILION PALAMÓS</b>
	<b>Plaça de Vila-Romà s/n Palamós (Girona)</b>

### CATEGORIES

MALE	FEMALE	AGES	AGE OF BIRTH	COMBAT TIME
M-1	F-1	30-34	1990-1994	3 Minutes
M-2	F-2	35-39	1985-1989	3 Minutes
M-3	F-3	40-44	1980-1984	3 Minutes
M-4	F-4	45-49	1975-1979	3 Minutes
M-5	F-5	50-54	1970-1974	3 Minutes
M-6	F-6	55-59	1965-1969	3 Minutes
M-7	F-7	60-64	1960-1964	3 Minutes
M-8	F-8	65-69	1955-1959	2:30 Minutes
M-9	F-9	70-74	1950-1954	2:30 Minutes
M-10	F-10	75-79	1945-1949	2:30 Minutes
M-11	F-11	80-84	1940-1944	2:30 Minutes

## GOLDEN SCORE

Gold Technique (Golden score) From M/F1 to M/F6: no time limit.

M/F7 and more 1minute maximum. If there is a draw at the end of the Golden score, the central refereeing consultation with table referees, they will agree on a final decision to select the winner

## COMPETITION SYSTEM

- For 2 athletes in a weight at the best of three fights.
- League 3, 4 and 5 athletes will be held.
- 6 athletes there will be two leagues with semi-final and final
- 7 or more direct knockout athletes with double repechage.

## WEIGHTS

Male weights: -60, -66, -73, -81, -90, -100 y +100 Kg.

Female Weights: -48, -52, -57, -63, -70, -78 y + 78 Kg.

Tatamis numbers: 4

## COMBINATION OF AGES AND WEIGHTS

In case of a lack of participants in any weight category, they can participate by going down or uploading one or two age categories. In the following order for combining ages and weights.

- 1.- Lower one or two age categories.
- 2.- Upload one or two age categories.
- 3.- Upload one or two weight categories in the same age category.
- 4.- Upload one or two weight categories by lowering one or two age categories.

## MEDAL DELIVERY

The medals will be delivered at the end of the competition.

All competitors who have won medals.

They must attend the award ceremony to receive their medal with white judogi, and black or brown belt if necessary.

1 athlete: no medal is awarded.

2 athletes: two medals awarded.

3 athletes: three medals awarded.

4 athletes: four medals awarded.

5 athletes: four medals awarded.

6 or more athletes: four medals awarded.

If a category has been combined, to make it possible for attendees to participate, the only medals awarded will be for competitors in this combined category.

If a competitor does not appear at the award ceremony to receive his medal without a justified reason, this one will not be delivered to him later.

## ACCREDITATION AND WEIGHING

FRIDAY 24 May: Official Women's Footage, accreditation and documentation control from 6:00 p.m. to 6:30 p.m., in Sports Centre

FRIDAY 24 May: Official male weight and documentation accreditation and control from 6.30 to 7.30 p.m., at the Sports centre.

SATURDAY 25 May: Official male and female weight, accreditation and documentation control from 11.15 to 12 noon at the sports centre.

**WEIGHT CHANGES CANNOT BE MADE, THE ATHLETE WHO DOES NOT MAKE DE WEIGHT WILL BE EXCLUDED FROM THE COMPETITION**

**JUDOGI:** White and Blue

**DEGREE:** Minimum Brown belt (1st Kyu)

## START OF THE COMPETITION AND ORDER OF CATEGORIES

Saturday 25 May 2024

Start of the competition at 01:30 p.m.

The competition order will be informed once the registrations have been closed and the possible changes/combinations of categories will be resolved.

## REGISTRATIONS AND QUOTAS

Registrations will be made directly at:

<https://forms.gle/mVXYVaBJFovhtJiZ8>

**Until 11:59 p.m. on Friday 10 May fee 20€.**

**THE REGISTRATION WOULD NOT BE VALID WITHOUT THE BANK DEPOSIT.**

The deposit will be made in the following current account:

SWIFT: CAIXESBBXXX

IBAN: ES76 0081 0157 7600 0117 6127 of CLUB JUDO PALAMÓS. Specifying the name of the payer and concept.

**INFORM THE ORGANIZER OF THE REGISTRATION AND SEND BANK RECEIPT [jordi.asjuba@gmail.com](mailto:jordi.asjuba@gmail.com)**

The accreditation of the first coach of each club will have no cost.

For the rest of the coaches (responsible, technical) the same criteria will be applied as for the competitors.

**This pass, once made, will not be returned under any circumstances outside the Club Judo Palamós**

## DOCUMENTATION

- \* Approval of the corresponding territorial federation.
- \* Certificate being in possession of the national license for the season 2024
- \* ID or passport (it will be presented at the time of weighing)
- \* Guarantee of the payment of the registration fee
- \* Original Degree Card.
- \* **Athletes born in 1984 or previous years must provide a medical certificate of fitness for the judo competition that they will present in their autonomous federation, which in turn will send their approval together with the**



registration to this competition. However, competitors must bring the certificate to the championship in case there is a need for verification.

**The official medical certificate of "sports fitness" must be issued by a collegiate professional** and will indicate that the athlete is suitable for practice and participation in judo competitions.

\* It will be essential that they are in possession of a minimum of three consecutive licenses and or five alternating ones, being one of them the one of the current year.

## LISTS

The provisional lists will be published on the website ([www.fedecatjudo.cat](http://www.fedecatjudo.cat)) on Tuesday, May 14, on which changes and corrections may be requested until Thursday, May 23 at 12:00.

The final lists will be published on Thursday, May 23. **Registrations will not be admitted after the deadline.**

## IMPORTANT NOTES

The organization is not responsible for possible injuries, treatment in hospital, accidents and other causes that may arise from participation in the competition.

All competitors must have their own federative insurance. All participants and coaches accept the rules (Normativa Copas de España de Veteranos) of this competition with him sent from his registration.

Those athletes who suffer from non-restrictive or limiting pathologies for the sport of judo (asthma, diabetes, anxiety, epilepsy, etc.) must notify it in writing to the F.C.J, for a better performance of the medical services of the Competition. This information is confidential, so it will only be informed of the doctor of the competition, so that you have the necessary palliative aids in case of an incident during the development of the event.

## GUEST COUNTRIES

Teams of: France (confirmed participation South delegation), Italy, Argelia, England, Portugal. To confirm participation.

## DINNER SPANISH CUP VETERANS

There will be a dinner on Saturday 25th after the competition with a cost of 30€. Places must be booked in advance by communicating them to the organizer and will be paid in the restaurant. **Limited places.**

## T-SHIRT SIZES

Specify T-shirt size: S, M, L, XL, XXL or XXXL by email to the organizer. No changes can be made once they have been booked.

## CONTACT

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25th. MAY 2024

**APPROVAL OF THE PRESIDENT OF THE FEDERATION** \_\_\_\_\_

Mr. \_\_\_\_\_ as president of the Federation \_\_\_\_\_ authorize Mr. Mrs \_\_\_\_\_ to participate in the Spanish Veterans Cup to be held in the SPORTS PAVILION of PALAMÓS (Girona) on May 25, 2024.

With this writing I certify that the aforementioned athlete is currently in possession of a National Federative License in the Judo modality and in turn covered by Sports Accident Insurance by the Insurance Company \_\_\_\_\_

with policy number \_\_\_\_\_

Approval President FEDERATION \_\_\_\_\_

